



With its magnificent skyline, beautiful buildings, romantic history and world famous festival, Edinburgh is known and loved by countless people throughout the world as both a famous tourist attraction and a thriving business centre. Edinburgh is a cosmopolitan, yet traditional city and includes attractions to satisfy every taste. World class galleries and museums, breathtaking architecture and history, an eclectic mix of some of the best restaurants in Scotland and some fabulous views ensure that you won't be disappointed with Edinburgh as your destination of choice.

On the following pages we have prepared The Rutland's guide to Edinburgh, which we hope will prove both useful and enjoyable. If we can provide any assistance in making arrangements for during your stay please contact reception who will be happy to help. Have a wonderful stay in Edinburgh!



**Edinburgh is a vibrant city with activities to cater for all tastes. Here are a few recommendations made by the staff at the Rutland**

**Edinburgh Castle** No trip to Edinburgh is complete without a visit to Edinburgh castle and the surrounding grounds. This battle worn volcanic rock has been monumental in the power struggles between the English and the Scots since the Angle invasion in 650AD - the same time at which the name 'Edinburgh' first appears in historical records.

**The Chinese Garden at the Royal Botanical Gardens** Just one of four beautiful gardens set in over 70 acres of greenery just a short distance from central Edinburgh. This peaceful and exotic corner of the city is worth a visit at any time of year.

**South Queensferry** This onetime fishing village next to the Forth Bridge offers views across to the Kingdom of Fife, and is ideal for those who wish to venture a small distance beyond the city limits. For those without a car it can be reached on the green tour bus that leaves from just outside Waverly train station.

**Surgeon's Hall** Edinburgh is famous worldwide as a pioneering centre for medicine. Nowhere is this more evident than at Surgeon's Hall Museum – a collection of the weird and wonderful products of surgical endeavour.

**Edinburgh Zoo** Just a 10 minute journey by bus (numbers 26, 31, 12), Edinburgh Zoo sits in 82 acres of parkland and is home to more than 1000 rare and endangered species.

**Museum of Scotland** Open daily from 10am-5pm with free entry, the National Museum houses exhibitions covering a vast array of topics, all aimed at helping the visitor explore the history and culture of Scotland, and her people.

**Holyrood Palace** Holyrood House has been a Royal Residence since the 15th Century and was the primary residence of the unfortunate royal, Mary Queen of Scots (1542-67). It is still used by the Royal family today when they are visiting Scotland.



### Recommended for this Spring

**National Gallery Complex** The National Gallery complex comprises a number of museums and galleries dotted in and around the city centre. Art aficionados should head to the Dean Gallery, famous for its photography exhibitions, or to the National Gallery on Princes Street. Alternatively, head to the Scottish National Gallery on Chambers Street for a comprehensive history of Scotland, her history and her people.

**Portobello beach** it might not come often but for those of you lucky enough to find dry weather in Edinburgh this beautiful beach and seaside village just three miles east of the city centre is perfect for a relaxing day away from the rush of the city, and can be reached by bus number 29 from the north side of Princes Street..

**Free walking tours** Sandemans New Europe run free three hour walking tours that leave from outside Starbucks next to Kirk Tron on the Royal Mile at 11am, 1pm, and 3pm. Taking in some of the most famous sites in the Old City including the site of the witch burnings and the famous St Giles Cathedral. Make the most of your time here and see the Old City of Edinburgh on foot.

**Cramond** Just half an hour on the number 41 bus (this can be caught on the south side of Princes Street) will take you to Cramond, where you can stroll down the beach, visit the beautiful Lauriston Castle, and finish the day with a meal at the well known Cramond Inn.

**Water of Leith** A 12 mile riverside walkway that winds its way through the north of the city, passing by many areas of interest including the Royal Botanical Gardens, Dean Village, Murrayfield stadium, and The Scottish Gallery of Modern Art. The Pathway is used by walkers, cyclists, horse riders, and is suitable for wheelchair users in parts. Free fishing permits are available from the conservation centre

**Edinburgh is a city with a multitude of different eateries – there is truly something to cater to all tastes, whether you are looking to sample some traditional or modern Scottish fayre, or something a little different**

### **The Rutland Restaurant**

Sumptuous surroundings, and ambient music complement the fabulous menu created by accomplished head chef David Haetzman and his team in our award-winning restaurant.

Locally sourced produce is served simply but with style, and makes this addition to Edinburgh's restaurant scene a joy to dine in. Step into the walk-in glass, award winning wine cellar to choose from the thousand bottles available. To view our menus please visit [www.therutlandhotel.com/restaurant-menus.htm](http://www.therutlandhotel.com/restaurant-menus.htm)

For intimate dining with great service and a first class menu, please contact reception to make your reservation.

**Element** Element offers fresh food daily, in a relaxed and stylish setting. Famed for the fish and chips it's a 'hidden gem' on Rose Street where you are guaranteed friendly and attentive service, along with a great selection of food and drinks. **110–114 Rose Street (0131 225 3297)**

**Atrium** Outstanding quality, fine wines, and attentive service – this award winning restaurant is located just a couple of minutes walk from the Rutland and is top of our recommended places to eat. **10 Cambridge Street (0131 228 8882)**

**The Dogs** This newly refurbished venue draws on the idea of the gastropub, aiming to bring together good food and affordable prices. The menu offers a wide variety of dishes from the traditional to the slightly bizarre, with ingredients that are sourced primarily from within the UK. **110 Hanover Street (0131 220 1208)**

**Forth Floor @ Harvey Nichols** With both a brasserie style menu and a fine dining restaurant with outstanding views over the city and out to the Firth of Forth, this is definitely not a restaurant to be missed. **30-34 St. Andrew Square (0131 524 8308)**

**Koi** Edinburgh's only Tepanyaki restaurant offers fantastic sushi as well as a wide range of other Japanese dishes. Combining dining with entertainment the front of house chef can be seen juggling utensils and playing with fire all whilst cooking up a fantastic meal for an expectant audience of diners. **26-30 Potterrow (0131 667 2299)**

**Hectors** a modern eatery in bohemian Stockbridge, Hector's offers a wide range of non alcoholic drinks as well as the usual offerings of beers and cocktails. The menu, available until 10pm, offers a variety of dishes from Toulouse Sausages to Vegetarian Haggis, and Sunday night between 4.30pm and 7pm is dedicated to live jazz performances. **47 - 49 Deanhaugh Street (0131 343 1735)**

## Places to enjoy a wee drink

**The Rutland Bar and the One Below:** Our own bar, open until 1am, and late lounge, open until 3am, offer a phenomenal range of drinks and food in a buzzing atmosphere. Come and sample our bespoke cocktail list and award-winning wine selection.

**Element:** A stylish cocktail bar in Rose Street that serves a wide selection of meals throughout the day and achieves the often elusive combination of style and welcoming comfort.

**Sheep Heid Inn:** The oldest pub in Scotland. This traditional pub in the Edinburgh village of Duddingston on the southern side of Arthur's Seat has a variety of real ales and traditional Scottish food. The perfect place to stop after a trip up to the top of Edinburgh's own volcano.

**Oloroso:** A stylish bar and restaurant in the heart of the city, Oloroso is perhaps best known for its roof terrace that is open between May and September. With unbeatable panoramic views across the city we'd definitely recommend it for a lazy lunch or early evening cocktails.

**Forth Floor @ Harvey Nichols:** An award winning cocktail bar with panoramic views of Edinburgh's skyline.



## **Pampering and relaxation**

**Serenity in the City:** This health and beauty spa is located in Castle Street just a minutes walk from the Rutland. Offering a variety of treatments from massages and manicures to tanning and waxing. After a long flight or a day of sightseeing this is the ideal place to wind down look after number one.

**Cinema:** Edinburgh has several cinemas in the city centre but we'd recommend Filmhouse on Lothian Road or Cameo on Home Street for the best variety of films from foreign language to arthouse, as well as current box office hits. Vue on Leith Walk is recommended for those seeking the bright lights and ice-cream bars of modern cinemas, and offers a range of late night showings.

**Ice Hockey (Sept-March):** Support Edinburgh's home team 'The Capitals' at the famous Murrayfield stadium. Home games are usually played every weekend throughout the season.

**Nails Inc Nail bar:** This is definitely one for the girls but something that all of us here at the Rutland would thoroughly recommend. Make a post-shop stop in Harvey Nichols' champagne nailbar for the perfect end to a long day.

## **Shopping**

**Princes Street** Offering the best of British high street stores catering for anything with a variety of shops from Hamley's toy department in the basement of Jenners department store to high street fashion and Thornton's chocolatiers.

**George Street** Home to the smaller boutique shops, higher end retail and more exclusive bars and clubs, this is Edinburgh's more elegant shopping area.

**Multrees Walk** Devoted to the world of designer, this exclusive coterie of shops is set back from the hustle of Princes Street is home to Mulberry, Kurt Geiger, Firetrap Harvey Nichols and more.